



*Giving voice to the unspeakable...
responding to domestic abuse in Jewish homes.*

What is Domestic Abuse?

Domestic abuse is a **systematic pattern** of power and control for the sole purpose of manipulating a partner in an intimate relationship. It does not discriminate, occurring equally among all sectors of society. It can happen to people of all racial, religious or socio-economic groups.

Children who grow up in an abusive environment may suffer physically, psychologically, emotionally and/or socially; often repeating the cycle of abuse.

There are many types of domestic abuse.

Emotional/Verbal Abuse: Threats, intimidation, derogatory and humiliating comments, blame, coercion, isolation, brainwashing, using children as a weapon, electronic harassment via e-mail, beepers and/or cell phones.

Economic Abuse: Control over finances, minimal access to money, prohibiting employment, control of spending on household necessities such as food, rent, monthly bills, school tuition.

Physical Abuse: Withholding of medication, food, sleep, transportation or other necessities, physical restraining, hitting, shoving, kicking, biting, slapping and choking, destruction of personal property or pets.

Sexual Abuse: Forcing victims into sexual activities against his/her will, harassment, flaunting extra-marital affairs, withholding sex and/or affection, internet infidelity.

Stalking: Following and/or placing person under surveillance thereby causing that person to be in reasonable apprehension of immediate or future bodily harm, sexual assault, confinement or restraint.

Abuse is never justified.

If any of these examples apply to your relationship, call SHALVA for a free confidential consultation.

For more information call SHALVA 773-583-HOPE (4673)